

About Carmen Abercrombie



Carmen Abercrombie, respectfully known as Coach Carmen is the founder of Sharing the Bliss a company that takes passionate believers, and truth seekers on a life-transformational journey from their mess to their purpose-driven dream life, with programs that detox their souls, heal their bodies and monetize their missions.

After three decades in the beauty & wellness field (including winning the crown of Miss Black America - Staten Island, and Miss Black York New USA), Carmen had what she calls her “Cocoon Experience” where everything in her life began to fall apart including her health. She asked God to not only save her (drug-free) from the horrifying blood disease that was threatening her life, but to normalize her disfigured skin, and heal her emotions, marriage and finances.

First she closed her beautiful Fragrance Shop and Day Spa, and then was lead to make diet changes, operate biblical principles and commit to spiritual practices. As a result she watched God work miracles in every “messy” area of her life, and bless her with a debt-free home. Out of her many adversities (including the premature passing of her parents, brother and sister) came the passion to pursue her purpose.

Today Coach Carmen's workshops, programs and talks are helping individuals across the country transform their lives as she did.

Sharing The Bliss offers (8) group and private coaching programs including, “28-Day Body & Soul Detox”, “Zoë Spirit Practices for Supernatural Living”, “90-Day Dream Quest”, and her new Coach Training & Certification.

In 2011 Coach Carmen founded the Church Health Reform & Wellness Mission, and the Christian Joint Venture Network in 2013. Her books “Miracle Meals That Heal” and “Biblical Laws of Attraction” will be available July 2013.

To get Coach Carmen's FREE signature (7) Day Mini Course and Healing Dessert Recipes visit www.SharingTheBliss.com

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